SUNDERLAND
START
CP1
CP5
Roker Rocks
Roker Pier
River Wear Trail
Roker
Roker Park
Weardale Way
England Coast Path
Lookout Sta
RNLI Sta
North Pier
New South Pier
Maud's Hole
South Rocks
Groyne
North East Pier
Dock
South West Breakwater
Spur Barrier
Breakwater
Breakwaters
Sunderland Harbour
E C Path
Wearmouth Bridge
Monkwearmouth
Stadium of Light
Quay
University
Bishopwearmouth
Pol Sta
Town Moor
Civic Centre
Hendon
Ashbrooke
Backhouse Park
Hillview
Grangetown
Industrial Estate
Salterfen Rocks
Ryhope Nook
Maiden's Flat
Jane Jiveson's Rock
Shirley Banks
Hallywell Banks
Pincushion
Ryhope
Cemy
Hospice
Mill Hill
Poultry Farm
Nesses Lane
Burdon Lane
Sourmilk Hill
Hotel
Doxford Park
Allot Gdns
New Silksworth
Silksworth House
Tunstall
Tunstall Hills
Tunstall Hills East
Playing Fields
Quarries (dis)
Maiden Paps
Elstob House
Newport Hill
High Newport
TENNIS CENTRE
DRY SKI SLOPE
Plains Farm
Humbledon Hill
Humbledon Coll
War Meml
Convent
College
Infmy
Mean Low Water
Pallion
Queen Alexandra Bridge
Deptford
Millfield
Ayres Quay
Southwick
High Southwick
Low Southwick
Marley Pots
Playing Field
Recn Gd
Hospl
Sch
Wks
Pol Sta
Cemy
Liby
Mill Hill
Silksworth House
Pol Offs
Tunstall Sta
Hospl
Sch
Schs
Convent
Courts
Arts Centre
Town Moor
Dock
Wks
Infmy
Cemy
Liby
Pol Sta
Pol Offs
Tunstall Sta
Hospl
Hospice
Sch
Schs
Wks
Liby
Cemy
Infmy
Pol Sta
Pol Offs
Tunstall Sta
Hospl
Hospice
Sch
Schs
Wks
Liby
Cemy
Infmy
Pol Sta
Pol Offs
Tunstall Sta
Hospl
Hospice
A1018
A1290
A1231
A1183
A690
A1231
A1018
B1405
B1522
B1522
B1405
B1522
B1522
B1405
B1522
B1522